

2012 EVENING WATER SAFETY LESSON SCHEDULE

St. Lucie County / American Red Cross RAVENSWOOD POOL

400 Ravenswood Lane Port St. Lucie, Fl. 34983 (772) 871-2183 \$61.00 or (\$30.00 with sponsorship) Maximum of two sponsorships per family and your 2011 tax return is required. A session is 6 classes running for three weeks on Tuesday and Thursday nights.

| May 8 - 24 Make -up days are May 25 or June 1 | | | | |
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| May 29 - June 14 Make -up days are June 15 or 22 | | | | |
|---|-------------------|--------|-----------------------|--|
| 5:20 - 6:00 | 6:05 | - 6:45 | 6:50- 7:30 | |
| Parent Child | Parent Child Pres | | Preschool | |
| | 1 | 2a | 2b | |
| RP2P/C | RP2P1 | RP2P2a | RP2P2b | |
| 5:20 - 6:15 | | | 6:25 - 7:20 | |
| RP21 Level 1 | | RP2 | 22.5a Level 2a | |
| RP22a Level 2 | a | | | |
| RP23 Level 3 | } | F | RP25 Level 5 | |

| June 19 - July 5 Make -up days are July 10 or 12 | | | | |
|---|-----------------|-----------------------|--------------------|--|
| 5:20 - 6:00 | 6:05 - 6:45 | | 6:50- 7:30 | |
| Pre-school | Parent Child | Preschool | Preschool | |
| 2a | | 2a | 2b | |
| RP3P2a | RP3P/C | RP3P2a.5 | RP3P2b | |
| 5:20 - 6:15 | | 6:25 - 7:20 | | |
| RP31 Level 1 | | RP33.5 Level 3 | | |
| | | R | P34 Level 4 | |
| RP33 Level 3 | | RP | 3A1 Adult 1 | |

| July 17 - August 2 Make -up days are August 7 or 9 | | | |
|---|-------------|-------------------------|--|
| 5:20 - 6:00 | 5:20 - 6:00 | | |
| Preschool | Preschool | | |
| 3 | 2b | | |
| RP4P3 | RP4P2b | | |
| 5:20 - 6:15 | | 6:25 - 7:20 | |
| RP42a | Level 2a | RP41 Level 1 | |
| RP42b | Level 2b | RP42.5a Level 2a | |
| RP43 | Level 3 | RP42.5b Level 2b | |
| | | RP43.5 Level 3 | |
| | • | RP4A2 Adult 2 | |

| August 14 -30 Make –up days are September 4 or 6 | | | | | |
|---|--------------|--------------|------|----------|--|
| 5:20 - 6:00 | 6:05 - | 6:45 | | | |
| Parent Child | Preschool | | | | |
| | 2 | | | | |
| RP5P/C | RP5P2 (5 Str | udents only) | | | |
| 5:20 - 6:15 | | 6:25 - 7:20 | | | |
| RP52a Lev e | el 2a | R | P51 | Level 1 | |
| RP52b Lev | el 2b | RP52 | 2.5a | Level 2a | |
| RP53 Leve | el 3 | RP52 | 2.5b | Level 2b | |
| | | R | | Level 4 | |

Call the facility to inquire about bad weather cancellations 30 minutes prior to class.

Only two make-ups will be done per session.

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|--|--|---------------|--|
| Participant's Name | | Male / Female | |
| | | DOB | |
| Mailing address | | | |
| | | | |
| Contact e-mail address | | | |
| Home Phone: | | | |
| Cell Phone | | | |

Medical Condition / Special needs: NO Yes Please ask for an additional form to fill out.

| Office use only: Scholarship \$ | Cash | _ Check |
|---------------------------------|--------------|---------------|
| Visa/MC/Discover | Changes made | this session: |

I have thoroughly read, understand and agree with the policies, guidelines and releases given to me on this form.

| Signature: | Date: | |
|------------------------------------|-------|--|
| St. Lucie County Program Policies: | | |

No Refunds / Credits are only given upon supervisor approval. You must e-mail

guggeric@stlucieco.org three days prior to the start of the session you originally signed up for to receive a credit. Send the students name, level and class information in the e-mail. Please call (772) 462-2560 and give the same information if e-mailing is not possible and be sure to state the day and time you called. The credit can only be transferred one time to pool passes or you may roll a credit to another session of 6 classes in the 2012 season if room is available. A credit of your choice will be granted with a doctor's note if your child missed the session of 6 classes due to an unforeseen illness three or less days prior to the start of the session. Once you have attended class and the session started no credits will be issued.

Program Guidelines

- Students must shower and wait in the designated area before class.
- You may only enter the pool gates 10 minutes before class begins to get prepared for class.
- We are not responsible for lost or stolen items.
- Students must wear swim suits and children who are incontinent must have a swim diaper on.
- Whoever brings the student to lessons must stay on deck and in turn leave with the student.
- Class placement will be determined by Aquatics staff at the time of registration. The Learn to Swim school age children will need to take a swim test for class placement

Bad Weather Cancellation

Call the facility to inquire about bad weather cancellations 30 minutes prior to class. Only two make-ups will be done per session.

Guidelines for Class Placement:

Parent/Child

Age six months to age three, if not potty trained. (Please have your child wear a swim diaper.)

Pre-school

Must be three, potty trained, is ready to make a break from mom and has not started Kindergarten.

- **1.** Does not want to get their face wet.
- **2a.** Feels comfortable submerging under water but is not able to float independently nor feels comfortable in water over their heads.
- **2b**. Feels comfortable submerging under water and is able to float independently.
- 3. Able to glide 10 feet or more to the instructor and is ready to learn to swim basic strokes.

Learn to Swim

- **Level 1. (Water Exploration)** For students who were in Kindergarten in the 2011-2012 school year and do not like to get their face wet or do not know how to float. (Ages 6 and up)
- **Level 2a.** (**Primary Skills**) Students need to be able to submerge completely under the water and walk in chest deep water plus have a basic understanding of how to float.
- **Level 2b.** Students must be able to float independently and are merging in the basic strokes but are not ready to swim the width of the pool independently.
- **Level 3. (Stroke Readiness)** Students must be able to roll from front float to back float and float for a count of ten plus, be comfortable swimming Front Crawl and Back Crawl across the width of the pool in 5 feet of water.
- Level 4. (Stroke Fluency) Students must be able to swim the basic five strokes the length of the pool.
- **Level 5. (Stroke Refinement)** Students are ready to refine all five strokes and need to increase endurance.